

September 2022

CAREspace

Community | Access | Relationships | Emotional Wellness

Parent Workshops and Classes



Drugs, Social Media, and Our Teens

This class will share the impact of drugs and social media as well as interventions to be used at home.

September 13 | 5:00–6:00 p.m.

<https://rcoe.zoom.us/meeting/register/tJAsduCgrjMuHN0t6vu1Y3LPkNE1bPgXn1FO>



Praising Children and Their Behavior

This class is designed to increase parents' understanding of the importance of praise and how it can impact their child's behavior.

September 16 | 9:00–10:00 a.m.

<https://rcoe.zoom.us/meeting/register/tJUtfuCtqj4pG91NuVUT9w2C6fXNE-BuqWjr>



Fentanyl

This class will create awareness around the abuse of Fentanyl, the symptoms, and side effects.

September 27 | 5:00–6:00 p.m.

https://rcoe.zoom.us/meeting/register/tJwrde-sqjwqHdSdNk2-8HrkqoNxJT_vWh-d



Dealing with Stress

This class will help parents identify stressors for themselves and their children, and how to manage them.

September 30 | 9:00–10:00 a.m.

<https://rcoe.zoom.us/meeting/register/tJ0pc-2qqDMqHNYd3HPZC8EufRfBqGs0Fww8>

For questions please call 951-276-CARE (2273) or visit our website at www.rcoe.us/carespace.



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